

# **Welcome to Wichita Falls Endoscopy Center**

Please look over this important information **before your procedure.**

## **INFECTION SIGNS/SYMPTOMS AFTER YOUR PROCEDURE**

**General signs/symptoms to watch for:** Fever at or above 101.5 F, chills, or aching all over.

**IV site:** Redness, swelling, heat, drainage

Please watch for these and, if present, call your physician to inform them.

## **PAIN AFTER YOUR PROCEDURE**

If you are having pain greater than a 5 on a scale of 0-10 before you leave the Endoscopy Center, please inform your nurse. If you begin to experience pain after discharge, consider the following methods of pain control:

- Ambulate (walk) and allow passage of gas
- Apply a warm compress or heating pad to your abdomen
- Use an over-the-counter gas relief product following the manufacturer instructions

For persistent pain, please call your physician's office.

## **NAUSEA AND VOMITING AFTER YOUR PROCEDURE**

Nausea and vomiting are common occurrences after sedation. In order to minimize these side effects, be sure to re-hydrate by drinking fluids. If you are nauseated when you leave, start out with a bland diet and progress to your normal diet as nausea subsides (unless your physician has recommended a special diet).

Sample diet: BRAT – Bananas, Rice, Apples, Toast

For persistent and uncontrolled nausea and vomiting, please call your physician's office.

## **BLEEDING AFTER YOUR PROCEDURE**

For any bleeding that exceeds 1 tablespoon, call your physician's office.